

GODDESS RISING

FEB - AUG 2020 | WITH SHANI JAY



WWW.SHANIJAY.COM



WELCOME, SISTER

THANK YOU FOR YOUR INTEREST IN
JOINING GODDESS RISING 2020

Goddess Rising is an intimate 7 month immersion in living and leading the feminine way, and cultivating sacred sisterhood.

This journey begins with an in-person retreat in England, followed by virtual soul circles each moon.

Let us tell you a little more...

WE BELIEVE

The Goddess is rising, and we are inviting and encouraging women worldwide to rise with us, and empower and inspire the women around you to rise, too.

When we reconnect with the ancient feminine wisdom we've forgotten, and allow our intuition to guide us, we are able to make strong decisions from the heart, and feel our way forwards.

When we live in flow with The Wheel Of The Year, the Lunar cycle, and the natural rhythm of our own body, we are able to harness the energy and power around us to create and live in harmony.

When we understand the Goddess archetypes, we are able to see the stories playing out in our lives today, discover what motivates & limits us, make conscious decisions that resolve inner conflicts, and lean in to our super powers.

When we enter into sacred circle with a group of loving sisters, we are able to tap into our deep wisdom, and feel seen, supported, and heard.

You found your way here for a reason.

This was no accident - there are no accidents.

Something in your soul is stirring.

You have heard the call, and it cannot be unheard.

Trust that you are being guided to where your soul needs to go.

Are you ready to join us, and let the Goddess within you rise?

THIS JOURNEY IS FOR YOU IF...

- You want to empower yourself from within, so you can live a bolder, truer life
- You are ready to lean in to the ancient feminine way of being in flow with the natural cycles
- You desire space to reconnect with your mind, body & soul, and be led back to YOU
- You are striving for harmony in all areas of your life: your relationships, sacred work, spiritual foundation, wealth & abundance, and physical health
- You desire to cultivate a loving relationship with yourself, and weave self-love & self-care into your days
- You are ready for a thrilling adventure that includes travel, growth, friendship, and deep discovery
- Your heart is craving a safe, supportive, and loving sisterhood, where you can show up as your authentic self and be accepted
- You are ready to invest your time, money, and energy into this journey, so your inner Goddess can RISE



HOW WILL I FEEL AT THE END OF THIS JOURNEY?

- Relaxed and rejuvenated, free from anything that has been holding you back or weighing you down
- Reconnected to your mind, body & soul, at a deeper level than ever before; at peace and at home within
- Empowered and ignited, with newfound clarity on the fierce woman you are, and desire to show up as, in the world
- Awakened to your feminine power and the Goddess within; allowing her to guide and hold you
- Aware of your unique gifts and strengths, knowing how to lean into them, and play to them
- Harmonised with the natural rhythm of your body, the seasons, & the moon
- Supported in a sacred group of sisters, with memories and bonds that will remain forever



WHAT YOU WILL RECEIVE ON THIS JOURNEY

Our Goddess Rising program includes:

- **One luxurious retreat in England, UK** (details below)
- **7 x Live moonly online soul circles with Shani** (including recordings)
- **Digital workbooks** (sent pre-circle to you via email)
- **Private FB group with Shani** (so you can get to know the other ladies on this journey before meeting in England)
- **A safe & supportive sisterhood**
- **A program journal**
- **Welcome pack**
- **& free bonus gift**

THE RETREAT

LOCATION:
ENGLAND, UK

DATES:
FEB 9TH - 15TH 2020

Retreats are a beautiful way to unplug, create sacred space out of our daily lives, and come together as sisters.

Our retreat will begin on February 9th 2020 on Full Moon, and end on February 15th.

This will be the beginning of our journey together.

We will come together in the luscious countryside of England to open circle, get to know each other as sisters, and lay the foundations of our work together for the 7 months ahead.

More details of the house, exact location, and itinerary will be sent to you once your place is confirmed on this program.

Many women choose to arrive a week before retreat or stay a week later to explore their surroundings further - but you will have free time to do this each day between our workshops.



YOUR RETREAT INCLUDES:

- **6 nights luxury accommodation in a private house**
- **3 delicious meals each day included:** to nourish you, and give you a brilliant boost of energy to fuel your days
- **Daily yoga & meditation classes:** to help you tune in to your body, quieten your mind, and find an inner sense of peace - led by Shani (qualified yoga instructor)
- **Group empowerment workshops** (will include moonifesting, working with the wheel of the year and flowing with the seasons, tapping into your cyclic nature, lunar & menstrual cycle work, archetypes, feminine & masculine energy)
- **A private 1:1 guidance session with Shani**
- **Plenty of time to relax, go for scenic walks, and explore the area in your free time**
- **Unlimited refreshments:** purified spring water, freshly brewed coffee and herbal infused teas
- **Goody bags on arrival**

Details of the house, exact location & full itinerary will be sent out to you closer to your departure date.

THE SOUL CIRCLES

Beginning in Feb 2020 (after returning home from our retreat), we will come together virtually as a group every New Moon to explore one of the 7 Goddess archetypes:

The Lover, Huntress, Maiden, Sage, Queen, Mother, & Mystic

Each circle will include a deep immersion into one of these archetypes.

You will expand your knowledge, identify which one is dominant for you and which ones are lacking, and learn how to activate and use them to transform your relationships, sacred work, spiritual foundation, wealth & abundance, and physical health.

SOUL CIRCLE FORMAT

- **A companion workbook (sent pre-circle)**
- **A guided meditation**
- **Expert teaching led by Shani**
- **Sharing**
- **Q & A**

These will be an expansion on the seeds we have sown on retreat together, and will help you to transmute your new found knowledge into action, transformation, and wisdom.

Retreats are a great catalyst for change, but the real work begins when you return home; which is why we have designed this program to offer you continued support and nourishment for the 7 months that follow.

The circle is limited to 4 women, so these will be intimate one hour sessions, where you will have time to ask questions, and receive guidance from Shani & your fellow sisters.

A time will be arranged each Moon to ensure all women can attend the virtual circle live (a group video call via Zoom), and recordings will be sent to all attendees afterwards.

ABOUT SHANI

Shani is a bestselling author, empowerment mentor for women, CEO & founder of publishing house She Rose Revolution, leader of feminine soul awakening retreats, certified yoga teacher, and an internationally published writer.

Her articles have reached and touched millions, while her books have made their way into the hands and hearts of thousands of women worldwide.

Shani has been on a personal and spiritual growth journey for over a decade, where she has immersed herself in exploring yoga philosophy, feminine wisdom, self-love and empowerment.

She has reached and helped thousands of women reclaim their inner power, embrace their authentic selves, and create and live a fulfilling life they love.



WHAT THESE WISE WOMEN HAVE TO SHARE ABOUT THEIR EXPERIENCE



"You have helped bring me back to life and empowered me to believe that the fierce, unapologetic warrior that lives inside of me is not too much. You have given me permission to take my power back and showed me what it means to live my best life.

I honestly think I've never felt this strong in my life. I'm a changed woman, and I'm so grateful to Shani for creating this space for us to allow ourselves just to be free."

ELYSE - L.A.



"I have never felt the magic of a supportive sisterhood - until now. Going on this journey with other like minded women has been a highlight, and I know we will continue to be in each other's lives for a long time.

I was totally new to learning about feminine wisdom, but the way Shani teaches makes it so easy to understand and put into practice. Every woman needs to know this stuff - thank you so much Shani for showing up and doing this work!"

LILY - AUSTRALIA



"Just do it! I was debating should I do it? I've never done this before... and I said if I don't do this, I'm never going to do it, so might as well take the leap of faith and just do it!

It has absolutely been the best experience that I've ever had in my life, and I'm going to carry this with me my entire life."

SAM - TEXAS

TRUST YOU FOUND YOUR WAY HERE FOR A REASON

Time & money are the two biggest blocks that prevent us from up-levelling our lives.

You can either let logistics stop you from moving forward, OR you can believe in how powerful you are, and your ability to make this work if your soul is saying YES.

Please note: at this level of work, I do not offer barter, work trades or scholarships. No need to inquire.

If you're willing to open your heart and commit, this program will stretch you. It will expand you. It will change you. It will up-level you and your life in all areas and ways you can dream of.

Trust that the universe is holding you, and wants what you want for you.

Are you willing to trust HER support?

This is the first step. Surrender to the fears that normally block your becoming.



DIVINE DETAILS

This is a 7 month journey that begins with our retreat on February 9th 2020 (on the Full Moon), and ends in August 2020 with the completion of our final online soul circle.

This journey includes one in-person retreat in England, which you will need to be available to attend.

The rest of the program is completely virtual, comprising of live group soul circles (on or close to the New Moon), workbooks (sent via email), and a few extra surprises along the way!

It doesn't matter where in the world you are based right now, or if your current lifestyle means you travel frequently (Shani does too).

As long as you have a computer/laptop & a solid internet connection, and you're willing to devote your time, energy, and money into this journey; then we would love to have you with us.

All women of all ages, races & nationalities are invited to join us for Goddess Rising 2020.



ENERGY EXCHANGE

&

APPLICATION PROCESS

The total investment for Goddess Rising 2020 is **\$3250** (including the retreat in England detailed above).

There will be an option to pay in full, or join a **payment plan of 4 installments of \$850** (taken on a recurring monthly basis, starting once your place has been confirmed).

To ensure our circle is spacious and nourishing for all, we have limited it to just 4 women.

If you got all the way to here, and your soul is stirring to join our soul circle, please complete the application form on the following pages. You can print this out and complete it by hand then scan it back in, or you can complete it digitally.

Please send your completed application form back to:
shani@shanijay.com

Once you've successfully completed your application form, and we think you're a good fit for this journey; Shani will be in touch to arrange a time to speak with you, and give you more details on what we will be doing in our time together.

Please note: applications will close once all 4 places have been filled, or by November 30th 2019 at the very latest.





APPLICATION FORM

Name:

Location:

Email address (best one to contact you on):

What are you most interested about in joining our Goddess Rising journey?

What do you hope to gain from this experience?

Are you ready to commit to this journey, and invest your time, money & energy into it for the full 7 months (FEB - AUG 2020)?



APPLICATION FORM

Where are you currently in your journey of personal growth, meditation & yoga, and feminine wisdom? (it's okay if you're a beginner!)

Where do you hope to be at the end of this journey?

If your application is successful, Shani will be in touch to arrange a time for a quick 20 minute connection call (via zoom) to get to know you better.

Please let us know the best time to speak to you (with your zone please!):

Thank you, sister.

Please send this completed form to: shani@shanijay.com - we will be in touch very soon!



Goddess, thank you for reviewing this booklet, and for your interest in the **Goddess Rising 2020** journey.

If we come together on a connection call, you will have the opportunity to ask any questions you might have, and connect with me on a deeper level.

I hope to meet you very soon.

With love,

Shani x

